

## Bradfield Academy WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Burrito (V)</b> A soft wrap filled with lightly spiced veggies and rice	<b>Poco Loco Chicken Lasagne</b> Served with Rice	<b>Roast Chicken with Stuffing with Roast Potatoes and Gravy</b> Succulent roast chicken with fluffy roasties and tasty gravy	<b>Beef Bolognese **</b> A classic Italian beef Bolognese in a yummy tomato sauce	<b>Golden Fish Fingers and Chips</b> Crispy Fish Fingers and scrummy chips
Alternative Dish	<b>Macaroni Cheese (V)</b> Cheesy Macaroni Pasta	<b>Veggie Ball in Tomato Sauce (V)</b> Served with Rice	<b>Quorn Roast with Roast Potatoes and Gravy (V)</b> A chunky sweet potato and chickpea roast	<b>Butternut Squash and Tomato Bake with Rice (V) **</b> A delicious butternut squash and tomato bake served with rice	<b>Quorn Dippers and Chips (V)</b> Crispy Quorn nuggets with their fav sauce – ketchup
Packed Lunch	Ham, Cheese or Daily Special Sandwich, served with Veg Sticks, Daily Salads, Fresh Fruit & Yoghurt or Dessert of the Day				
Jacket Potato	Jacket Potato With A Choice Of Fillings				
Vegetables	Green Beans Sweetcorn	Peas Broccoli	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Desserts	Crispy Snow Bar	Secret Brownie	Shortbread Biscuit with Fruit Slices*	Apple Oaty Crumble* with Custard	Lemon Slice
Cool Water, Fresh Fruit, Freshly Baked Bread, Salads and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					

**Week  
Commencing**

**30<sup>th</sup> Aug**  
**20<sup>th</sup> Sept**  
**11<sup>th</sup> Oct**  
**22 Nov**  
**13<sup>th</sup> Dec**  
**3<sup>rd</sup> Jan**  
**24 Jan**  
**7<sup>th</sup> Mar**  
**28<sup>th</sup> Mar**

## Bradfield Academy WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Veggie Bolognese ** (V)</b>  Penne pasta in a yummy tomato and Quorn sauce	<b>Butchers Sausages and Creamy Mash Potato</b> <i>Served with Gravy</i>	<b>Roast Turkey with Roast Potatoes and Gravy</b>  Succulent roast turkey with fluffy roasties and tasty gravy	<b>Cottage Pie **</b>  A classic cottage pie with veg and gravy	<b>Golden Fish Fingers and Chips</b>  Crispy Fish Fingers and scrummy chips
Alternative Dish	<b>Cheese and Tomato Pizza ** with Dough Balls (V)</b>  Cheesy Tomato Topped Pizza Slice	<b>Vegetable Lasagne Served with Homemade Garlic Bread</b>	<b>Creamy Vegetable Pie (V) with Roast Potatoes and Gravy</b>  Creamy vegetable pie with a cheesy shortcrust topper	<b>American Style Mac N Cheese</b>	<b>Quorn Dippers with Chips (V)</b>
Deli/ Salad Bar	Fresh selection of homemade salads and deli options available				
Jacket Potato	Jacket Potato With A Choice Of Fillings				
Vegetables	<b>Carrot Sticks</b> <b>Cucumber Sticks</b>	<b>Peas</b> <b>Broccoli</b>	<b>Carrots</b> <b>Cabbage</b>	<b>Green Beans</b> <b>Sweetcorn</b>	<b>Baked Beans</b> <b>Peas</b>
Desserts	<b>Flapjack with Fruit Slices*</b>	<b>Homemade Shortbread</b>	<b>Raspberry Yoghurt Cake with Custard</b>	<b>Chocolate Brownie</b>	<b>Vanilla Ice-Cream</b>
Cool Water, Fresh Fruit, Freshly Baked Bread, Salads and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					

### Week Commencing

6<sup>th</sup> Sept  
27<sup>th</sup> Sept  
18<sup>th</sup> Oct  
8<sup>th</sup> Nov  
29<sup>th</sup> Nov  
10 Jan  
31<sup>st</sup> Jan  
21<sup>st</sup> Feb  
14<sup>th</sup> Mar

## Bradfield Academy WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Macaroni Cheese (V)</b>  Cheesy Macaroni Pasta	<b>Garlicky Chicken and Spanishy Spuds</b>  Garlic seasoned chicken served with potatoes	<b>Roast Pork with Roast Potatoes and Gravy</b>  Succulent roast pork with fluffy roasties and tasty gravy	<b>Beef Burrito</b>  A soft wrap filled with fresh beef and rice	<b>Golden Fish Fingers and Chips</b>  Crispy Fish Fingers and scrummy chips
Alternative Dish	<b>Veggie Sausage and Mash with Gravy (V)</b>  Fluffy mash with veggie sausages and rich gravy	<b>Vegetable Biryani (V)</b>	<b>Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy (V)</b>  A chunky Butternut Squash and potato slice	<b>Veggie Lasagne served with a bread wedge (V) **</b>  Delicious sheets of pasta layered with veggies and tomato sauce	<b>Hot Dog and Chips (V)</b>
Packed Lunch	Ham, Cheese or Daily Special Sandwich, served with Veg Sticks, Daily Salads, Fresh Fruit & Yoghurt or Dessert of the Day				
Jacket Potato	Jacket Potato With A Choice Of Fillings				
Vegetables	Peas Carrots	Sweetcorn Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Desserts	Oatie Biscuit with Fruit Slices*	Yoghurt Muffin*	Strawberry Ice Cream	Chocolate Sponge Cake with Custard	Creamy Rice Pudding
Cool Water, Fresh Fruit, Freshly Baked Bread, Salads and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					

### Week Commencing

13<sup>th</sup> Sept  
 4<sup>th</sup> Oct  
 15<sup>th</sup> Nov  
 6<sup>th</sup> Dec  
 17<sup>th</sup> Jan  
 7<sup>th</sup> Feb  
 28<sup>th</sup> Feb  
 21<sup>st</sup> Mar